

**Shaza Aouthmany, M.D.**

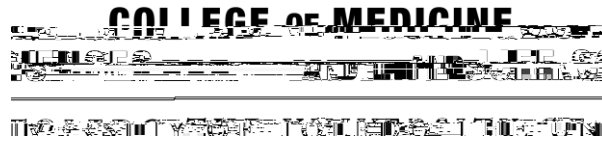
Associate Dean of Graduate Medical Education  
Designated Institutional Official  
Associate Professor of Emergency Medicine

**Christen Henning, MBA**

Director, Graduate Medical Education

**Melissa Crisp, C-TAGME**

GME Program Manager



## **Recommended Procedure for Dealing with a Suicidal Resident**

### **Approaching a distressed physician (from AMA Steps Forward):**

reach out early and encourage your colleague to share what is going on and, if appropriate, seek care.

Asking about suicide risk: if you suspect a colleague may be suicidal, be direct. People are often relieved to have the subject raised by someone in a caring way.

### **If a resident is not actively suicidal but distressed,**

remind them about the value of treatment and support, and the potential impact on their loved ones and