

# Cognitive-Behavior Therapy Practicum

Department of Psychology  
College of Arts and Letters  
University of Toledo

PSY 6/7940  
Summer 2017  
University Hall 1640  
1:00 – 3:30 pm Thursday

## Instructor Contact Information

Instructor: Matthew T. Tull, Ph.D.

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Office: University Hall, Room 1640

Office Hours: Tuesday 1:00 pm – 3:00 pm and Wednesday 2:00 pm – 5:00 pm (College Hall)

appointment)

## Course Catalog Description

or other course work. Individual supervision will involve more detailed discussions surrounding

Safran, J. D., Eubanks-Carter, C., & Muran, J. C. (2009). Emotion-focused/interpersonal cognitive therapy. In N. Kazantzis, M. A. Reinecke, & A. Freeman (Eds.), *Cognitive and Behavioral Theories in Clinical Practice* (pp. 332-362). New York: Guilford Press.

### Course Goals

By the end of the course, it is expected that you will achieve the following goals:

- An awareness of ethical considerations surrounding the delivery of cognitive behavioral therapy and client risk management.
- An understanding of cultural factors that influence the symptom presentation of your clients, as well as how to account for these factors in the provision of culturally competent care.
- The ability to develop and present thorough case conceptualizations based in cognitive-behavioral theory that can guide the development and delivery of effective cognitive

behavioral interventions.

- Knowledge of empirically supported principles and mechanisms that underlie clinical

information regarding academic accommodations/adjustments in this course please contact the

**Course Expectations**

## Course Schedule

Week	Date	Readings
1	5/18	No readings. Introduction to practicum and review of current and new clients.
2	5/25	No readings. Review of current and new clients.
3	6/1	No class
4	6/8	Linehan (1997)
5	6/15	Case Conceptualization: Christon, McLeod, & Jensen-Doss (2015); Persons & Davidson (2010)
6	6/22	Case Conceptualization: Farmer & Chapman (2008); Hayes, Strosahl, Luoma, Smith, & Wilson (2004)