

Course Syllabus

- Title:** Special Topics/Seminar in Psychology: PTSD
PSY 4980 (Section 2)/6930 (Section 3)/7930 (Section 2)
- Term:** Spring 2015
Thursdays 1:30-4:00pm
- Location:** University Hall #1610
- Credit Hours:** 3
- Instructor:** Jon Elhai, Ph.D.
(419) 530-2829 (office)
Jon.elhai@utoledo.edu (e-mail)
www.jon-elhai.com
- Office Hours:** Thursdays – 10:00am-11:00am
University Hall (UH) – Room #1370
- Required Text:** Friedman, M. J., Keane, T. M., & Resick, P. A. (Eds.) (2014). *Handbook of PTSD: Science and Practice* (2nd edition). New York: Guilford Press (ISBN-13: 978-1462516179)

Selected course readings (see class schedule below for details) from:
<http://bit.ly/1FgVTBz>

Course Description: This course examines the theory, research, and practice of psychology with regard to posttraumatic stress disorder (PTSD).

Specifically, topics covered will include the history, psychopathology and comorbidity of PTSD; prevalence and risk factors for civilian- and combat-related PTSD; neurobiology of PTSD; assessment of PTSD in adults and children; prevention, pharmacological, and cognitive-behavioral treatment of PTSD.

Course Outcomes:

Students should understand the history, psychopathology and comorbidity of posttraumatic

stress disorder (PTSD); prevalence and risk factors for civilian- and combat-related PTSD; neurobiology of PTSD; assessment of PTSD in adults and children; prevention, pharmacological, and cognitive-behavioral treatment of PTSD.

Course Policies and Procedures

1. **Attendance:** It is the responsibility of each student to attend all classes, take all exams, and turn in all assignments on time. Class attendance is worth 10% of the final course grade. No excused absences will be allowed; however, you are allowed to miss up to two classes without penalty. **Please do not arrive late to class.**

2. Exams: There will be one midterm exam, and a non-cumulative final exam, consisting of multiple choice questions. Exam material will be taken from the textbooks and lectures. Each exam is worth 30% of the final course grade. **No makeup exams will be given.** If an exam must

be missed due to extremely extenuating circumstances, let the instructor know as soon as

possible.

3. Research Paper and Presentation:

Write a 10-15 page research paper (not including the cover page, abstract, and references) on an

No other grades will be given except as noted above. If the student is doing poorly in the course, it is the student's responsibility to drop or withdraw from the course before the appropriate deadline. If it is too late to drop or withdraw from the course, a mark of "Incomplete" will not be

5. Academic Honesty: Department of Psychology Statement on Academic Honesty - Academic

Schedule of Classes and Readings: (The assigned chapter should be read **before** each class)

Week of	Required Reading	Lecture Topic
1/12	(None)	Introduction
1/19	Book Chapters 1, 2, 3, 4	History of PTSD
1/26	Book Chapters 5, 6, 8	Overview of PTSD
2/2	Book Chapters 9, 11, 12, 13	Overview of PTSD
2/9	Book Chapters 7, 18	Child and Adolescent PTSD
2/16		Adult Crime-Related PTSD
2/23	Articles #2 and #3 Article #4	Combat PTSD Disaster PTSD
3/2	MIDTERM EXAM	
3/9	SPRING BREAK	
3/16	NO CLASS – INSTRUCTOR TRAVELING	
3/23	Book Chapters 20, 21 Articles #5 and #6	Assessment of Adult PTSD
3/30	Book Chapters 10, 14, 15, 16	Biopsychology of PTSD
4/6	Book Chapters 23, 24, 26, 27 Article #8	Cognitive-Behavioral Treatment of PTSD