

Vita

: Department of Psychology (M.S. #948)

(1994 - present) / (1988 -1994), Department of Psychology,  
University of Toledo, Toledo, Ohio.

: Psychological Assessment, Theories of Personality,  
Psychopathology, Couple and Family Therapy, Clinical Interviewing and Diagnostic  
Practicum, Public Mental Health and Recovery

: Abnormal Psychology, Theories of Personality, Clinical  
Psychology; Introduction to Psychology; Research Practicum

, adjunct faculty in the Department of Psychiatry, University of  
Toledo College of Medicine and Life Sciences (formerly Medical College of Ohio), Toledo, Ohio.  
(2003 - 2017).

, Department of Psychology, Bowling Green State  
University, Bowling Green, Ohio. (1986 - 1988).

Graduate courses taught: Theories of Personality, Marital / Family Research

Undergraduate course taught: Introduction to Psychology

, Department of Psychology, Kent State University, Kent, Ohio.  
(1984 - 1985). Undergraduate course taught: Introduction to Psychology

, Department of Psychology, University of Oklahoma, Norman, Oklahoma.  
(1981 - 1984). Undergraduate courses taught: Theories of Personality, Introduction to  
Psychology, Experimental Psychology

, Psychology Clinic, University of Toledo, Toledo, Ohio.  
Provision of clinical training and supervision for graduate students providing psychological  
evaluation and treatment for adolescents, adults, couples, and families in community mental  
health and forensic settings. Activities include individual and group supervision of graduate  
student intake, assessment and therapy cases within the University Psychology Clinic, the Zepf  
Center, and Volunteers of America (VOA) prison inmate community reentry program. (1988 -  
present)

, St. Charles Hospital - Pain Management Center, Oregon, Ohio.  
Provision of consultation and clinical supervision services to the Pain  
Management Center under direction of Dr. Deborah Rosenberg. (1991 - 1993)

, Bowling Green State University, Bowling Green, Ohio.  
Postdoctoral Clinical Fellowship duties included work as a couples therapist, and supervision of  
clinical graduate students providing psychological evaluation and treatment in the areas of  
biofeedback, child, family, and individual psychotherapy. (1986 - 1988)

, Veterans Administration Medical Center, Pittsburgh, Pennsylvania.  
Intensive individual and group experience in: Geriatrics; Behavioral Medicine; and  
Outpatient Mental Health. Clinical externship in marital/family therapy. (1985 - 1986)

. with Dr. Christopher Ryan, Department of Psychiatry,



Research activities included independent and conjoint projects in the areas of clinical gerontology and family research. Project coordinator for grant supported research headed by Dr. Nancy Jo Dunn that explored the individual and marital functioning of elderly community-based couples.

, Personality Research Laboratory, University of Oklahoma. (1983 - 1984)  
Responsible f.000009122 674.5 Tm [( )] 30



Title: A community mentorship program for clinical psychology training. Co-investigator: R. Elliott. June, 1995. (\$4,470)

Office of Research, University of Toledo.

Title: Intellectual and achievement performance in behavior disordered adolescents. June, 1993. (\$7,060)

(continued)

College of Arts and Sciences, University of Toledo.

Title: An integrated proposal to enhance graduate instruction and practicum training in clinical psychology. June, 1991 (\$3,000)

Title: . June, 1990 (\$53,027)

. Office of Research, University of

Toledo.

Title: . January, 1991  
(\$6,801)

: Additional funding received for NIH research project on the affective consequences of ad lib caffeine use and withdrawal to allow inclusion of premenstrual syndrome. January, 1991 (\$1,853)

. Office of Research, University of

Toledo.

Title: . June, 1989.  
(\$6,451)

, Department of Psychology, Bowling Green State University.

Title: . Dr. Nancy Jo Dunn, Principle Investigator. February, 1987 (Funded: \$3,000)

. Office of Research, University of Oklahoma.

Title: . Dr. Kirby Gilliland and Dr. Nancy Mergler, Principle Investigators. August, 1981.  
(\$4,450)

Schultz, H. & Bullock, W. (2018). The Effects of Mindful Coloring on State Mindfulness, State Anxiety, and Stress. Submitted to .

Schultz, H. & Bullock, W. (2018). Mind Wandering from a Mindfulness Perspective: Differentiating Between Intentional versus Unintentional Mind Wandering Psychological. Submitted to .

Mezo, P. G., Herc, H. C., Pritchard, K. J., & Bullock, W. A. (2019). Evaluation and proposed

Young, S. L., Ensing, D., & Bullock, W. A. (2000). Mental Health Recovery Measure: Background, Scoring, and Psychometrics. In R. O. Ralph, K. Kidder, & D. Phillips (Eds.), \_\_\_\_\_ (pp. 99-108).  
Cambridge, MA: The Evaluation Center at Human Services Research Institute.

Bullock, W. A., & Ensing, D. S. (1998). Leadership Education: Evaluation of a program to promote recovery from serious and persistent mental illness \_\_\_\_\_, \_\_\_\_\_, 309-317.

(continued)

Ensing, D., & Bullock, W. A. (1996). Promoting recovery: Processes and outcomes of leadership education and training. \_\_\_\_\_, \_\_\_\_\_, 353-355.

Bullock, W. A., & Gilliland, K. (1993). A converging measures investigation of Eysenck's biologically-based theory of introversion-extraversion.





Bullock, W. A. & Haenisch, H. (2016, October).  
. Presented at the 14th Annual International Human Trafficking & Social  
Justice Conference, Toledo, OH .

Haenisch, H., Schultz, H., & Bullock, W. A. (2016, May).  
. Poster presented at  
the 28th annual meeting of the Association for Psychological Science, Chicago, IL.

(continued )

Bullock, W. A., Reed, J., Medved, D., & Walstad, K . (2015, August )  
Poster  
presented at the 123rd annual meeting of the American Psychological Association , Toronto,  
Canada.

Walstad, K. & Bullock, W. A . (2015, August )  
Poster presented at the 123rd annual meeting of the American Psychological Association ,  
Toronto, Canada.

Medved, D. G. & Bullock, W. A. (2015, June).  
Workshop presented at the 6th annual state conference for  
Wellness Management and Recovery, Dayton, OH.

Reed, J. & Bullock, W. ( 2015, April).

Poster presented at the 22nd Annual University of Toledo/BGSU Symposium on  
Research in Psychiatry, Psychology, & Behavioral Science, Toledo, OH.

Bullock, W. A., Walstad, K., Medved D.G., Lee, A., Tenbarger, B. , & Brest, B.A. (2014, May)  
Poster presented at the 26th annual meeting of the Association for Psychological Science, San  
Francisco, CA.

Lee, A., Bullock, W. A., & Hoy, J. (2014, May). Mental Health Recovery and PTSD

Poster presented at the 26th Annual Convention of the Association for Psycho logical  
Science, San Francisco, CA.

Brest, B. A. & Bullock, W.A. (2014, June).  
Presented at the 5th annual state conference for Wellness  
Management and Recovery, Dayton, OH.

Bullock, W., Sexton, M., Smith , M. K., & Medved, D. (May, 2013).  
. Poster presented at the  
25th Annual Convention of the Association for Psychological Science, Washin gton DC.

Bullock, W., Medved, D., Lee, A., Tenbarger, B., Walstad, K. (May, 2013). Ohio's Wellness  
Mangment and Reco very (WMR) Program: State -Wide Im plementation Outcomes. Poster

presented at the 25th Annual Convention of the Association for Psychological Science, Washington DC.

Chambers, Change, Drew, Smith, Bullock, Ronis, Svendsen, Morrison, Herman. (March, 2013). The MEDTAPP Healthcare Access Initiative: Expanding the Community Psychiatry Workforce. Symposium presented at the 11th All -Ohio Institute on Community Psychiatry. Cleveland, OH.

Medved, D., Bullock, W., Bodine, M., Lee, A., Tenbarga, B., & Alcodray, Z. (May, 2012). Development and Evaluation of the Wellness Management and Recovery Program. Poster presented at the 24<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL.  
(continued)

Tenbarga, B. & Bullock, W. A. (May, 2012).  
Presented at the 4<sup>th</sup> Annual Conference of the Wellness Management and Recovery Coordinating Center of Excellence, Dayton, OH.

Lee, A. & Bullock, W. A. (May, 2012).  
Presented at the 4<sup>th</sup> Annual Conference of the Wellness Management and Recovery Coordinating Center of Excellence, Dayton, OH.

Medved, D. & Bullock, W. A. (May, 2012).  
Presented at the 4<sup>th</sup> Annual Conference of the Wellness Management and Recovery Coordinating Center of Excellence, Dayton, OH.

Medved, D., Bullock, W., Bodine, M., Lee, A., Tenbarga, B., & Alcodray, Z. (April, 2012).  
The presentation at the 19<sup>th</sup> Annual Symposium on Research in Psychiatry, Psychology, and Behavioral Science. Poster

Bullock, W. A., Tenbarga, B., Lee, A., Ozbey, T., & Bodine, M. (August, 2011).  
presentation at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC. Poster

Lee, A., Tenbarga, B., & Bullock, W.A. (August, 2011).  
. Poster presentation at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.

Tenbarga, B., Bullock, W. A., Brockmyer, J. H., Hoy, J., & Tihamiyu, M. (August, 2011).  
Influence of the Wellness Management and Recovery Program on Physical Health Indicators in Individuals with Severe Mental Illness. Poster presentation at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.

Bullock, W. A., Lee, A., Tenbarga, B., Sage, J., Hupp, D., Ozbey, T., & Bodine, M. (October, 2010).  
Presented at the Case Western Reserve University, Center for Evidence -Based Practices Conference, Columbus, OH

Bullock, W. A., Lee, A., Tenbarga, B., & Ozbey, T. (May, 2011).

Presented at the 3<sup>rd</sup> Annual Conference of the Wellness Management and Recovery Coordinating Center of Excellence, Dayton, OH.

Bullock, W. A., Tenbarger, B., Lee, A., & Ozbey, T. (June, 2011).

Poster presentation at the 39<sup>th</sup> annual conference of the U.S. Psychiatric Rehabilitation Association, Boston, MA.

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Bullock, W. A., Lee, A., Tenbarger, Ozbey, T., & Bodine, M. (May, 2010). Recovery Outcomes of the Wellness Management and Recovery Program: How Will We Know How We Did? Presentation and panel discussion at Coordinating Center of Excellence for Substance Abuse and Mental Illness - Integrated Dual Diagnosis Treatment Conference. Cincinnati, OH

Implement Recovery. Presented



Weddle, C., & Bullock, W.A. (June, 2002).

. Presented at the annual meeting of the American Psychological Society, New Orleans, LA.

Wuttke, G.H., Bullock, W.A., (April, 2002).

. Presented at the Research in Psychiatry, Psychology, and Behavioral Sciences Conference, Toledo, OH.

Bullock, W. A., & Pacholski, M. (February, 2002

. Presented as part of a panel session at the National Association of State Mental Health Agency Services Research, Program Evaluation, and Policy Conference, Baltimore, MD.

Bullock, W.A., Pacholski, M., Kleine, M, Wuttke, G.H., Pasold, T., & Long, D. (October, 2001).

. Presented at the International Association of Psychosocial Rehabilitation -Ohio Chapter, Toledo, OH.

Weddle, C. C., & Bullock, W.A. (May, 2000).









Heather Schultz ( June, 2020). Mindfulness versus Mindlessness: Differentiating Between Mindfulness and Intentional and Unintentional Mind Wandering

Heidi Haenisch (June, 2019). The Implementation and Treatment Outcomes of a Mindfulness -Based Intervention in a Forensic Setting: The Mindfulness Meditation Project.

Joe Reed (May, 2018) Minding the Reflexive Stage of the Temporal Need -Threat Model: State and Trait Mindfulness as Mod erators of the Immediate Effects of Social Exclusion

